



# H.A.V.E. Catering

**CATERING THAT RESTORES DIGNITY AND  
HOPE IN THOSE MOST VULNERABLE**

374 Powell Street, Vancouver, B.C. V6A 1G4  
Phone: 604-696-9026      Email: [info@have-cafe.ca](mailto:info@have-cafe.ca)  
Website: [www.have-cafe.ca](http://www.have-cafe.ca)

## BREAKFAST

### Executive Hot Breakfast \$15.50

Scrambled eggs, choice of pancakes or french toast, choice of bacon or sausage, red skin potato home fries, fresh fruit platter, coffee, tea, cream and sugar.

### Healthy Choice Breakfast \$14.25

Smoothie, gluten free and vegan granola bar, fruit platter, coffee, tea, cream and sugar.

### Bacon and Cheese Breakfast Quiche \$8.25

### Granola, Fruit & Yogurt Parfait \$8.25

### Bacon or Sausage Breakfast Sandwich \$8.25

### Continental Breakfast \$9.50

A fresh assortment of baked goods which may include croissants, banana bread, muffins, lemon loaf, scones, cinnamon buns. Served with a fruit platter, coffee, tea, cream, sugar, butter and preserves.

### Pancakes or

### French Toast Breakfast \$11.95

Choose from pancakes or french toast. Fresh fruit platter, coffee, tea, cream and sugar. Served with butter and syrup.

### Spicy Sausage Breakfast Wrap \$16.75

This wrap comes loaded with sausage, egg, cheese, hash browns, salsa and sour cream. Accompanied by a fresh fruit platter, coffee, tea, cream and sugar.

## LUNCH PACKAGES

### Corporate Lunch Special \$13.25

An assortment of fresh sandwiches, mixed green salad, seasonal fruit platter and desserts. Wraps add \$1.

### H.A.V.E. Lunch Bag \$10.95

Grab and go lunch bag featuring a sandwich, house baked cookie, piece of whole fruit and juice box.

### Executive Lunch Package \$15.50

An assortment of fresh sandwiches, soup, mixed green salad and desserts. See soup choices on page 4.

### Falafel Pita Sandwich \$14.95

Falafel, diced tomato, cucumber, sliced red onion and yogurt tahini sauce in a pita. Served with a tabbouleh salad.

## SALADS

### Grilled Chicken Salad (Entree) \$11.95

Grilled chicken breast over mixed greens with avocado, strawberries, mandarin oranges, candied walnuts and havarti cheese. Served with mango vinaigrette.

### Thai Sesame Noodle Salad (Side) \$4.75

Angel hair pasta, peppers, carrots, tomatoes and green onion in a sesame thai dressing.

### Ceaser Salad (Side) \$5.75

Romaine lettuce, parmesan cheese, house made croutons. Add grilled chicken \$3.95 or four grilled garlic prawns \$4.95.

### Powell Street Potato Salad (Side) \$4.75

Red skin potato, celery, green onion, dill and carrot with a zesty dressing.

### Mixed Greens Salad (Side) \$3.50

Tomatoes, red onion, cucumber, grated carrot and peppers. Served with your choice of dressing: balsamic, mango or sesame thai. Add grilled chicken \$3.95 or four grilled garlic prawns \$4.95.

### Broccoli & Kale Salad (Side) \$4.75

In a sesame thai dressing. Add grilled chicken \$3.95 or four grilled garlic prawns \$4.95.

### Greek Salad (Side) \$5.75

Cucumber, feta cheese, tomato, black olives, peppers and red onion. Served in a classic greek dressing. Add grilled chicken \$3.95 or four grilled garlic prawns \$4.95.

### Lentil Quinoa Salad (Side) \$5.75

Lentil quinoa salad with cucumbers, carrots, peppers and fresh cilantro. Served with a dijon lime dressing

### Tabbouleh Salad (Side) \$5.75

Bulgar wheat, fresh parsley, tomato, cucumbers and mint in a lemon and lime olive oil dressing.



## PLATTERS

### Assorted Breakfast Baking \$3.50

A fresh assortment of baked goods which may include croissants, banana bread, muffins, lemon loaf, scones and cinnamon buns. Served with butter and preserves.

### Seasonal Fruit \$3.50

Cantaloupe, honeydew, pineapple, watermelon, grapes and berries.

### Market Fresh Meat \$4.75

A fresh selection that may include sausage, turkey breast, salami, roast beef, heritage ham and montreal smoked beef.

### Sandwiches \$7.25

### Wraps \$8.25

Make your own selections from the list below or we will provide you with an assortment.

#### Sandwich and Wrap Selections:

Turkey and Havarti, Montreal Smoked Meat & Swiss, Ham & Cheddar, Grilled Chicken Salad, Caprese (Tomato, Basil and Mozzarella), Tuna Salad, Egg Salad, Vegetable & Cream Cheese, Roasted Vegetable & Hummus (Vegan).

#### Additional Wrap Selections:

Chicken Caesar, Greek Salad (vegetarian or with chicken).

#### Salad Dressing Selections:

Balsamic, Sesame Thai, or Mango.

## APPETIZERS

### Canapes (Minimum order of 12 per item) \$2.75

Vegetarian Pizza Bites with Roasted Vegetables & Basil  
Garlic Prawn on Cucumber Round  
Watermelon & Feta with Balsamic Drizzle  
Shrimp Salad  
Smoked Salmon  
Brie & Grape  
Prosciutto & Melon  
Brie & Prosciutto on Crostini

### Skewers (Minimum order of 12 per item) \$3.95

Chicken (with Peanut, Greek or Thai sauce)  
Grape Tomato, Basil & Bocconcini  
Grilled Vegetable  
Fruit

### Tarts (Minimum order of 12 per item) \$3.95

Caramelized Onion & Goat Cheese  
Wild Mushroom  
Roasted Vegetable & Feta Cheese  
Smoked Salmon  
Shrimp & Green Onion

### Charcuterie Platter \$7.50

A fine selection of cured meats, pâté, pickled vegetables, olives, grainy mustard, crackers and artisan breads.

### Mediterranean Dip Trio \$4.75

Olive tapenade, hummus and baba ganoush served with crisps.

### Deluxe Cheese and Crackers \$4.75

A beautiful assortment of fine cheeses that may include aged white cheddar, havarti, boursin, blue cheese, swiss, chevre and brie. Served with an assortment of crackers.

### Fresh Vegetables \$2.75

Carrots, celery, peppers, cucumber, broccoli, cauliflower and tomato. Served with house made dip.

### Grilled Vegetables \$3.50

Peppers, red onion, zucchini, eggplant, asparagus, marinated mushrooms and cucumbers.

### Decadent Desserts \$3.50

### Assorted House Baked Cookies \$1.95

## ENTREES

### Shepherd's Pie \$15.95

Served with your choice of mixed green salad.  
Caesar salad add \$1.

### Lasagna \$15.95

Beef or vegetarian. Served with mixed green salad.  
Caesar salad add \$1. Garlic toast add \$1.50.

### Thai Coconut Green Curry \$15.95

Mildly spiced chicken or vegetarian curry loaded with vegetables and served over rice.

### Chicken Penne Pasta \$15.95

Pasta with broccoli, cauliflower, peppers, onion and zucchini in a creamy garlic sauce.

### Greek Chicken Souvlaki \$25.95

Skewer of perfectly seasoned chicken souvlaki, greek salad, lemon roasted potatoes, pita bread and tzatziki.

### Roast Beef Buffet \$29.95

Roast beef, jus, horseradish, roasted red skin potatoes, honey glazed carrots, mixed green salad, and an assortment of decadent desserts.

### Roast Chicken Buffet \$29.95

Roast chicken, roasted red skin potatoes, honey glazed carrots, mixed green salad, and an assortment of decadent desserts.

### Homemade Pot Pie \$12.95

Chicken, beef, or vegetarian. Served with a mixed green salad.

## SOUPS

**House Made Soups** \$4.95

**Minimum order 10 people per item**

Cream of Tomato	Thai Chicken Noodle
Country Vegetable	Seafood Chowder
Curried Lentil	French Onion
Beef Vegetable	Wild Mushroom
Green Split Pea	Ham & White Bean
Chicken Noodle	Cream of Cauliflower
Beef & Black Bean	Roasted Squash
Country Vegetable	Cabbage Roll
Cream of Broccoli	Cream of Chicken
Italian Wedding	Beef Barley

## BEVERAGES

**Coffee** \$18.00

Local blend that will keep you coming back for more. Serves 10 x 8 oz cups.

**Tea** \$12.00

A piping hot urn of tea. Choose from orange pekoe, earl grey, green or mint. Serves 10 x 8 oz cups.

**Assorted Pop** \$1.95

Coke, coke zero, diet coke, gingerale, iced tea, root beer or c-plus.

**Selection of Fine Juices** \$2.25

Apple, orange, grapefruit or san pellegrino.

**Bottled Water** \$1.50



## INQUIRIES & ORDERS

**Phone: 604-696-9026 Email: [info@have-cafe.ca](mailto:info@have-cafe.ca)**

We are pleased to prepare a custom menu for you using high quality and seasonal ingredients.  
Contact us by phone or email for more information.

### PLATING

Cold food is served on recyclable platters. Hot food is served in recyclable aluminium hotel pans.  
Hot beverages are served in to-go containers.

H.A.V.E. can use real platters or cambros upon request. Clients may return dishes the following day or an additional pickup fee will apply.

### CHANGES & CANCELLATIONS

Changes and cancellations must be made at least three business days prior to your event date.

### PRICING

Prices are listed per person.

### ALLERGIES & DIETARY RESTRICTIONS

Please advise at the time of ordering if anyone in your group requires special consideration.  
Vegetarian, dairy free, vegan and gluten free options available.  
Kindly note that we cannot 100% guarantee that our food is allergen free.

### PAYMENT

Payment may be made by credit card, cash or cheque.  
Please make cheques out to H.A.V.E. Culinary Training Society. Cheques can be mailed to:  
374 Powell Street, Vancouver, BC V6A 1G4

### DELIVERY

H.A.V.E. uses a third party delivery service that requires a 1 hour "buffer" window both before and after the scheduled delivery time. Please keep this in mind when choosing your delivery time.

Delivery charges vary according to location and size of order.  
A specific quote will be prepared for your individual order.